



April 2010

Junior 2 Work – out Times

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 March	29 On Deck 3:30 Pool 3:45-4:45	30	31 On Deck 3:30 Pool 3:45-4:45	1 April	2 Good Friday No Swimming	3 No Swimming
4 No Swimming	5 Easter Monday No Swimming	6	7 On Deck 3:30 Pool 3:45-4:45	8	9 On Deck 3:30 Pool 3:45-4:45	10 On Deck 6:45AM Pool 7:00 – 8:30AM
11	12 On Deck 3:30 Pool 3:45-4:45	13	14 On Deck 3:30 Pool 3:45-4:45	15	16 Pool 4:15-5:15	17 Pool 6:00-7:00AM
18	19 On Deck 3:30 Pool 3:45-4:45	20	21 Elementary School Meet On Deck 3:30 Pool 3:45-4:45	22	23 On Deck 3:30 Pool 3:45-4:45	24 Vernon Kokanee Spring Invitational Swim Meet
25 VKSC Spring Inv	26 OFF	27	28 On Deck 3:30 Pool 3:45-4:45	29	30 On Deck 3:30 Pool 3:45-4:45	1 May On Deck 6:45AM Pool 7:00 – 8:30AM