



April 2010

SR 1 Work – out Times

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 March	29	30 Pool 6:00-7:30PM	31	1 April Pool 6:00-7:30PM	2 Good Friday No Swimming	3 No Swimming
4 No Swimming	5 Easter Monday No Swimming	6 Pool 6:00-7:30PM	7	8 Pool 6:00-7:30PM	9 On Deck 4:30-4:45 Pool 4:45-6:15	10 Dry 6:15– 06:30 Pool 6:30-8:30 2010 Future Stars Camp with Annamay Pierse, April 9-11
11	12	13 Pool 6:00-7:30PM	14	15 Pool 6:00-7:30PM	16 Prospects West Camp & Swim Meet April 16-18 Pool 4:15-6:15	17 Pool 6:00-7:00AM Prospects West Camp & Swim Meet April 16-18
18	19	20 Pool 6:00-7:30PM	21	22 Pool 6:00-7:30PM	23 Pool 6:00-7:30PM	24 Vernon Kokanee Spring Invitational Swim Meet
25 VKSC Spring JAMBOREE & Swim Meet	26 OFF	27 Pool 6:00-7:30PM	28	29 Pool 6:00-7:30PM	30 Pool 6:00-7:30PM	1 May Pool 8:45-10:15 AM